

**~Private Lesson Request Form~**

Please fill out the following information and return to the pro shop or the skating directors

office or Email Craig Henderson at

Email [chenderson@pelhamonline.com](mailto:chenderson@pelhamonline.com)

Please allow up to 48 hours to be contacted.

Name: \_\_\_\_\_

Student Name: \_\_\_\_\_

Skating Level: \_\_\_\_\_

Age: \_\_\_\_\_

Phone: \_\_\_\_\_

Best Day for lesson: \_\_\_\_\_

Preferred Coach: \_\_\_\_\_

**The Director of Figure Skating**

**Craig Henderson \$36 /30 min**

Member of the Birmingham Figure skating Club

Professional Skater's Association Member since 1988

PSA Level IV Ranking

PSA Registered Freestyle

PSA Registered Program Director

PSA ~ CER ~ Category A

USFS Gold Medalist Figure & Freestyle

4-time U.S. International Team Member

International Skating Champion

U.S. National Silver Medalist

2-Time U.S. National Figure Champion

7-Time National Competitor

4-Time Olympic Festival Competitor

Coch of National & Jr. National Medalist

Over 27 years of skating experience

Specializes in competitive single skating

Jumps, Spins, Video Analysis &

off ice training

**Pelham Skate School  
Coaching Staff**

**Staff Coaches  
Teaching Credentials**



**500 Amphitheater Road**

**Pelham, Alabama 35124**

**Tel: 205-620-6448**

## Meet Our Coaching Staff

### **Maria Adcock \$27 / 30 min**

USFS Gold Medalist in Freestyle  
USFS Gold Moves in the Field  
USFS Gold Dance Test  
USFS Intermediate Pair Test  
PSA Certified Moves in the Field  
PSA Registered Freestyle  
PSA Registered Group  
USFS Regional, Jr National &  
Member of Birmingham FSC  
Collegiate National Competitor  
Group and Private Lesson Instructor

### **Michelle Badgley \$25 / 30 min**

USFS Junior Moves in the Field  
USFS Juvenile Freestyle Test  
PSA Registered Moves in the Field  
PSA Registered Synchro  
Synchronized Canadian National Team  
Group, Private Lesson & Synchro Instructor

### **Ashley Deavers \$27 / 30 min**

USFS Gold Medalist in Freestyle  
USFS Gold Moves in the Field  
USFS Gold Dance Test  
USFS Juvenile Pair Test  
9-Time US National Championship Competitor  
Group, Private Lesson & Hockey Instructor

### **Hannah Foust \$22 / 30 min**

Professional Skaters Association Member  
Birmingham Figure Skating Club Member  
Ice Skating Institute Member  
USFS Adult Gold Moves in the Field  
USFS Pre-Gold Dance & 2 Gold Dances  
ISI Dance 10  
Over 8 years coaching experience  
Group Classes and Private Lesson Instructor

### **Priscilla Fowler \$27 / 30 min**

Professional Skater's Association Member since 1990  
Birmingham FSC member since 1976  
USFS Gold Medalist in Figures  
USFS Gold Medalist in Dance  
USFS Junior Freestyle  
USFS Bronze Pair  
Currently Assistant Professor  
UAB Department of Ophthalmology Birmingham, AL

### **Kim Harris \$21 / 30 min**

PSA Member ~ CER Certified ~ Category A  
USFS Adult Gold Moves in the Field  
USFS Adult Gold Freeskate Test  
Member of Birmingham FSC  
Active Adult Competitor  
Group and Private Lesson Instructor

### **Lisa Henderson \$30 / 30 min**

PSA Member ~ CER Certified ~ Category A  
Over 20 years of skating experience  
USFS Gold medalist in Freestyle  
USFS Intermediate Figure test  
Soloist in Professional Ice shows  
around the world for 9 years  
Physical Therapist Assistant  
Group and Private lesson Instructor

### **Kristen Hipolito \$27 / 30 min**

USFS Gold medalist in Pairs  
USFS Junior Freestyle Test  
USFS Gold Pair Test  
Disney on Ice 1988-91  
PSA Registered Moves in the Field  
PSA Registered Freestyle  
Regional, Sectional & National Coach  
Group and Private Lesson Instructor

### **Rachel Landers \$21 / 30 min**

USFS Gold Medalist in Moves in the Field  
USFS Intermediate Freestyle Test  
Experience in teaching special needs children  
Group and Private Lesson Instructor

### **Eric Mumper \$35 / 30 min**

PSA Master Rated in Freestyle  
PSA Level IV Ranking  
PSA Member ~ CER Certified ~ Category A  
USFS Jr. National, National &  
International Coach  
Soloist in Disney on Ice for 9 years  
Group and Private Lesson Instructor

### **Heather Mumper \$35 / 30 min**

PSA Senior Rated in Freestyle  
PSA Level IV Ranking  
PSA Member ~ CER Certified ~ Category A  
Choreographed for Regional,  
Jr National, National & Collegiate Skaters  
Group and Private Lesson Instructor

### **Emily Sanders \$20 / 30 min**

PSA Member ~ CER Certified ~ Category B  
USFS Intermediate Moves in the Field  
USFS Intermediate Freestyle Test  
USFS Novice Competitor  
Dance Experience  
Group and Private Lesson Instructor

### **Emily Spradling \$20 / 30 min**

11 Years Skating Experience  
~PSA Member ~ CER Certified ~ Category B  
USFS Novice Moves in the Field  
USFS Pre-Juvenile Freeskate test  
Member Birmingham FSC  
Dance Experience (10 Years)  
Graduated Spain Park High School (2015)  
Samford University (Current)  
Specializes in basic skills and single skating

### **Anita Saxena \$25 / 30 min**

USFS Gold Medalist in Field Moves  
USFS Novice Freestyle  
USFS Pre-Gold Dance  
PSA Certified Moves in the Field  
PSA Registered Freestyle  
PSA Registered Group  
USFS Adult National Competitor  
Doctor of Optometry  
Group and Private Lesson Instructor