

Available Starting January 2025

Your direct line to top doctors and therapists—24/7/365.

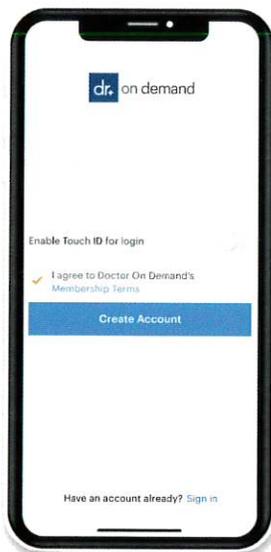
You've got anytime access to top doctors and therapists with Doctor On Demand by Included Health. Get treatment for 90% of all common ER complaints, from common colds to uncommon rashes. Plus, connect with a therapist or psychiatrist whenever and wherever you're comfortable.



1

Get the app

Download the Doctor On Demand app and activate using your Blue Cross and Blue Shield of Alabama insurance starting in January.



2

Find a top doctor or therapist.

Get help with your mental health and urgent care needs from anywhere you have an internet connection.



3

Connect face-to-face on your phone.

Speak with your doctor or therapist right on your phone for help with all your health needs, mental and physical.

This benefit is not available on the Blue Cross and Blue Shield of Alabama Blue Protect Plan.

Doctor On Demand by Included Health is an independent company that provides a telehealth mobile app and health services on behalf of Blue Cross and Blue Shield of Alabama. Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.



Learn more.

doctorondemand.com/alabama

Activate using your Blue Cross and Blue Shield of Alabama insurance starting in January.