

Pelham Recreation Center

March 2021

2020 Pelham Park Blvd 205-620-6426

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>Studio Room Upstairs (S) Multipurpose Room (M) Gymnasium (G) Outdoor Pavilion (P)</p>	<p>2</p> <p>8am-12pm Indoor Pickleball(G) 8am-12pm Outdoor Pickleball (O) 5:00-8:30pm Indoor Pickleball(G) 5:30-6:45pm Yoga (S)</p>	<p>3</p> <p>8:45am-9:45am Rev+ Flow (S) 9:30am Line Dancing (Inter) (G) 11:00am Line Dancing (Improver)(G) 5:30pm Barre (S) 5:30p Cycle (M)</p>	<p>4</p> <p>10:30am Silver Sneakers Exercise (M) 5:30pm In-Trinity (M) 6:30-7:30pm Basketball Skills Training (G)</p>	<p>5</p> <p>5:30pm Balanced Fitness (S)</p>	<p>6</p> <p>8am-12pm Indoor Pickleball(G) 8am-12pm Outdoor Pickleball (O) 1-2pm Tai Chi (M) NEW 6-7pm Beginner Ballroom NEW 7-8pm Beginner Ballroom</p>	<p>8:30am Body Sculpt (S)</p>
<p>7</p> <p>2:00pm Core & More (S)</p>	<p>8</p> <p>8am-12pm Indoor Pickleball(G) 8am-12pm Outdoor Pickleball (O) 5:00-8:30pm Indoor Pickleball(G) 5:30-6:45pm Yoga (S)</p>	<p>9</p> <p>8:45am-9:45am Rev+ Flow (S) 9:30am Line Dancing (Inter) (G) 11:00am Line Dancing (Improver)(G) 5:30pm Barre (S) 5:30p Cycle (M)</p>	<p>10</p> <p>10:30am Silver Sneakers Exercise (M) 5:30pm In-Trinity (M)</p>	<p>11</p> <p>5:30pm Balanced Fitness (S)</p>	<p>12</p> <p>8am-12pm Indoor Pickleball(G) 8am-12pm Outdoor Pickleball (O) 1-2pm Tai Chi (M) NEW 6-7pm Beginner Ballroom NEW 7-8pm Beginner Ballroom</p>	<p>13</p> <p>Opening Game Day 8:30am Body Sculpt (S) 9am-1pm Oak Mountain Outdoor Program</p>
<p>14</p> <p>2:00pm Core & More (S) 2-4pm Paws In The Park Community Event</p>	<p>15</p> <p>8am-12pm Indoor Pickleball(G) 8am-12pm Outdoor Pickleball (O) 5:00-8:30pm Indoor Pickleball(G) 5:30-6:45pm Yoga (S)</p>	<p>16</p> <p>8:45am-9:45am Rev+ Flow (S) 9:30am Line Dancing (Inter) (G) 11:00am Line Dancing (Improver)(G) 5:30pm Barre (S) 5:30pm Cycle (M)</p>	<p>17</p> <p>10:30am Silver Sneakers Exercise (M) 5:30pm In-Trinity (M) 6:30-7:30pm Basketball Skills Training (G)</p>	<p>18</p> <p>5:30pm Balanced Fitness (S)</p>	<p>19</p> <p>Camping in City Park 8am-12pm Indoor Pickleball(G) 8am-12pm Outdoor Pickleball (O) 1-2pm Tai Chi (M) NEW 6-7pm Beginner Ballroom NEW 7-8pm Intern. Ballroom</p>	<p>20</p> <p>Camping in City Park 8:30am Body Sculpt (S)</p>
<p>21</p> <p>2:00pm Core & More (S)</p>	<p>22</p> <p>8am-12pm Indoor Pickleball(G) 8am-12pm Outdoor Pickleball (O) 5:00-8:30pm Indoor Pickleball(G) NO Yoga (S)</p>	<p>23</p> <p>8:45am-9:45am Rev+ Flow (S) 9:30am Line Dancing (Inter) (G) 11:00am Line Dancing (Improver)(G) 5:30pm Barre (S) 5:30p Cycle (M)</p>	<p>24</p> <p>10:30am Silver Sneakers Exercise (M) 5:30pm In-Trinity (M)</p>	<p>25</p> <p>5:30pm Balanced Fitness (S)</p>	<p>26</p> <p>8am-12pm Indoor Pickleball(G) 8am-12pm Outdoor Pickleball (O) 1-2pm Tai Chi (M) NEW 6-7pm Beginner Ballroom NEW 7-8pm Intern. Ballroom</p>	<p>27</p> <p>8:30am Body Sculpt (S)</p>
<p>28</p> <p>2:00pm Core & More (S)</p>	<p>29</p> <p>8:00am-12pm Outdoor Pickleball (O) 5:30-6:45pm Yoga (S)</p>	<p>30</p> <p>8:45am-9:45am Rev+ Flow (S) 9:30am Line Dancing (Inter) (G) 11:00am Line Dancing (Improver)(G) 5:30pm Barre (S) 5:30pm Cycle (M) 5:30pm Start Smart Parent Meeting</p>	<p>31</p> <p>10:30am Silver Sneakers Exercise (M) 5:30pm In-Trinity (M)</p>		<p>Pelham Recreation Center Hours Monday—Thursday 7am-9pm Friday 7am-8pm Saturday 7am-6pm Sunday 1pm-6pm</p>	

*Updated 2/25/2021 Schedule is subject to change